

St Marys Primary, Runcorn **WEEK 1**

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Herby Potatoes and Pea & Sweetcorn Medley	Salmon Goujons served with Herby Potatoes and Pea & Sweetcorn Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Belgian Waffles with Whipped Cream or Fresh Yoghurt or Fruit Salad
Tuesday	Homemade Pasta Bolognese served with Garlic Bread, Carrots and Broccoli	Vegetarian Pasta Bolognese served with Garlic Bread, Carrots and Broccoli	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Rice Crispy Cake or Fresh Yoghurt or Fruit Salad
Wednesday	All Day Breakfast NEW	Veggie All Day Breakfast NEW	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	American Pancakes with Berries or Fresh Yoghurt or Fruit Salad
Thursday	Chicken Tikka Masala served with Rice, Naan Bread and Sweetcorn NEW	Vegetable Biryani served with Naan Bread and Sweetcorn NEW	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Chocolate Crunch or Fresh Yoghurt or Fruit Salad
Friday	Fish Fingers served with Skinny Fries, Peas, Carrots and Tomato Ketchup	Cheesy Vegetable Bake served with Skinny Fries, Peas, Carrots and Tomato Ketchup NEW	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Double Chocolate Chip Cookie or Fresh Yoghurt or Fruit Salad

Available daily fresh fruit or salad.

Autumn 2025

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.

Veg may change due to seasonality



St Marys Primary, Runcorn **WEEK 2**

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Pepperoni Pizza served with Garlic Bread, Herby Potatoes and Pea & Sweetcorn Medley	Veggie Nuggets served with Garlic Bread, Herby Potatoes and Pea & Sweetcorn Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Chocolate Mousse or Fresh Yoghurt or Fruit Salad
Tuesday	Choice of Cheeseburger or Beef Burger in a Bun served with Homemade Potato Wedges, Baby Corn and Baked Beans	Cheesy Quiche served with Homemade Potato Wedges, Baby Corn and Baked Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Flapjack or Fresh Yoghurt or Fruit Salad
Wednesday	Roast Beef served with Roast Potatoes, Carrot & Swede Mash and Gravy	Cauliflower Cheese Baked Yorkshire Pudding NEW served with Roast Potatoes, Carrot & Swede Mash and Gravy	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Shortbread or Fresh Yoghurt or Fruit Salad
Thursday	Hunter's Chicken served with Creamed Potatoes, Carrots and Green Beans	Quorn Hunters Chicken served with Creamed Potatoes, Carrots and Green Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Strawberry Fruit Smoothie or Fresh Yoghurt or Fruit Salad
Friday	Fish Fingers served with Skinny Fries and Pea & Carrot Medley and Tomato Ketchup NEW	Roasted Vegetable Pasta with Homemade Tomato Sauce served with Skinny Fries and Pea & Carrot Medley and Tomato Ketchup	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Lemon Drizzle Cake or Fresh Yoghurt or Fruit Salad

Available daily fresh fruit or salad.

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St Marys Primary, Runcorn **WEEK 3**

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Homemade Potato Wedges and Pea & Sweetcorn Medley	Sausage Roll served with Homemade Potato Wedges and Pea & Sweetcorn Medley NEW	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Strawberry Ice Cream Sponge Roll or Fresh Yoghurt or Fruit Salad
Tuesday	Crispy Chicken Burger in a Bun served with Herby Potatoes and Pea & Carrot Medley	Mac 'n' Cheese served with Herby Potatoes and Pea & Carrot Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Mini Sugar Ring Doughnuts or Fresh Yoghurt or Fruit Salad
Wednesday	Chicken Fajitas served with Homemade Potato Wedges, Carrots & Broccoli NEW	Vegetable Fajitas served with Homemade Potato Wedges, Carrots & Broccoli	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	School Cake NEW or Fresh Yoghurt or Fruit Salad
Thursday	Fresh Pork Sausages served with Creamed Potatoes, Carrots, Broccoli and Gravy	Vegetable Sausage served with Creamed Potatoes, Carrots, Broccoli and Gravy	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Sticky Toffee Pudding NEW or Fresh Yoghurt or Fruit Salad
Friday	Breaded Fish Fillet served with Skinny Fries, Peas, Carrots and Tomato Ketchup NEW	Vegetable Risotto served with Peas, Carrots	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Vanilla Cheesecake & Summer Berries or Fresh Yoghurt or Fruit Salad

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